Younger Preschool July 5

Bible Teaching: Psalm of Wisdom

Bible Passage: Psalm 19; Genesis 1

Summary:

Psalm 19 is a wisdom psalm. These psalms guide us in how God wants us to live. David celebrates how God reveals Himself through both nature and His Word. David says that when we consider God's glory and the beauty of His Word, we can search our hearts and seek to please Him.

Today's Brite Idea is: God is good.

Monthly Memory Verse: (Psalm 145:9)

The LORD is good to all.

Monthly Big Question: How do I know God is good? Through His love for us.

Leader Training

Preschool Perspectives: Naming Feelings

Helping preschoolers name their feelings is a powerful way to support their emotional growth. After all, you can't face what you can't name, and young kids often experience big emotions but struggle to express them clearly. By teaching them to identify what they're feeling, you can give them the tools they need to manage those emotions healthily. A great way to do this is by creating a "feelings wall" in your space. Use emojis or simple faces that represent different emotions, such as happiness, sadness, anger and fear. During transitions or when emotions run high, invite kids to point to the face that matches how they feel. As you guide kids through naming their feelings, you can connect those emotions to God's love and care. Remind kids that Jesus understands how they feel and is always with them.

Navigating a Broken World: Fact vs. Fiction

Kids begin to recognize the difference between reality and fiction somewhere between ages 3 to 5.* It's likely that the kids in your group are already starting to make these distinctions on a daily basis through pretend play, telling jokes and all the information they take in. Today as we discuss that God gives us the Bible, allow kids to ask questions that will help them explore the difference between some of the fictitious things they learn and play and the truth of the Bible. Remind them that the Bible is the best way we have of getting to know God and understanding who He is. The Bible tells us truths about God, and it is unlike any other book. Help preschoolers discover the truths of the Bible and how amazing God's Word truly is.

*For more resources on this topic, check out: britecurriculum.com/resouces.

Preschool Glossary:

Psalm: A song, prayer or poem used in worshiping God.

Younger Preschool

Small Group Roadmap

Belong (10 minutes)

Goal: For kids to experience God's love through a welcoming community

Say What's Good
Supplies: Ball

Bible Teaching (15 minutes)

Psalms of Wisdom *(Psalm 19; Genesis 1)*
Supplies: Bible story cards

Believe (10 minutes)

Goal: For kids to discover who God is by engaging with the Bible

Memory Verse Song
Supplies: Music player, Memory Verse Song

Become (10 minutes)

Goal: For kids to learn to follow Jesus by applying faith to their lives

God Is Good
Supplies: Take-Home page, coloring supplies, printable page, dot markers (1 per kid), baby wipes

Say What's Good

Belong Activity

Supplies: Ball

Prep: Clear a space for kids to sit in a circle on the floor.

Leader Tip: If a kid is unsure or shy, offer suggestions as needed. Celebrate any response or participation with encouragement.

Activity Intro: Welcome, everyone! My name is _____. *Greet each kid by name as you welcome them to your group.*

Instructions:

1. *Gather kids to sit in a circle.*
2. **Say:** Today we will learn about how God is good. Let's all take a turn and say something that is good.
3. *Give suggestions as needed, such as food, the weather, their toys, etc.*
4. *Lead kids to pass the ball around the circle. When it's their turn, help them name something that is good.*
5. *Make sure everyone has a turn to answer.*
6. **Ask:** Do you think God is good?

Activity Wrap-Up: It was great to hear all your answers about things that are good. We will learn more about how God is good in our Bible story today. God's goodness is better than any good thing you named.

Bible Teaching

Supplies: Bible story cards

Prep: Print the Bible story cards double-sided.

Psalms of Wisdom
(Psalm 19; Genesis 1)

Say: The Bible is filled with true stories that help us learn about God and what He's done. The book of **Psalms** has songs, prayers and poems in it. These **psalms** can help us praise God. The very first verse of **Psalm** 19 says the heavens tell us how great God is and the skies show us how He made everything.

Say: The Bible tells us how God made everything in the beginning. The first book of the Bible is Genesis. This book tells us how God created everything! Let's remember what He made each day of creation. I need you to help by doing motions with me for each day. And whenever I say, "It was good," we will clap three times!

Say: On the first day, God said, "Let there be light." And there was light! *Squeeze your arms close together and then burst them open in the shape of a rainbow. Have kids repeat.* God made light and dark. God said **it was good**. *Clap three times.* On the second day, God made the water and sky. *Put your hands together, then move them apart.* God said **it was good**. *Clap three times.*

Say: On the third day, God made the land, seas and plants. *Move your arms and hands up and down, pretending to make an ocean wave.* God saw that **it was good**. *Clap three times.* On the fourth day, God made the sun, moon and stars. *Move your arms to make a big circle over your head.* God said **it was good.** *Clap three times.*

Say: On the fifth day, God created all the fish and birds. *Move your arms up and down like a bird flapping its wings.* God saw **it was good.** *Clap three times.* On the sixth day, God made all the animals on the land and people! God saw everything He made and said **it was very good!** *Clap three times.* On the seventh day, God rested.

Say: Psalm 19 tells us that when we look at all these things God created, we can know He is good. Every time we see the sun rise or set, we can remember how wise He is and how we can trust Him.

Say: Psalm 19 tells us that God's Word is true and right. It helps us remember we can trust God. It shows us how to do things His way. **Psalm** 19 ends with a prayer to God. Can you show me your prayer hands? *Demonstrate putting your hands together for prayer.* "God, help me do and say things that please You." God's creation is good, and His Word is perfect. But people are not perfect. God sent Jesus so we can be forgiven from our sins and live with Him forever.

Wrap-Up:

Big Question: How do I know God is good? Through His love for us.

Memory Verse: (Psalm 145:9)

Watch the Memory Verse Video and practice the motions with the kids.

- The LORD *(place L hand on your shoulder and carry down to hip)*
- is good *(thumbs up)*
- to all. *(point around the room)*
- Psalm 145:9 *(open hands like opening a book)*

He: God is good.
We: God is good to us.
Me: God is good to me.

Memory Verse Song

Believe Activity

Supplies: Music player, Memory Verse Song

Prep: None

Leader Tip: Keep movements simple and model them as you go. At this age, kids love copying what they see!

Activity Intro: The Bible teaches us true stories about God. Today, we learned David shared how God's words are true and always trustworthy.

Instructions:

1. **Say:** Our memory verse says, *The Lord is good to all (Psalm 145:9).* That means God is kind and loving to everyone! Let's sing and dance to our Memory Verse Song together.
2. **Say:** Let's clap our hands while we sing, *The Lord is good to all!*
3. *Play the Memory Verse Song while kids clap their hands to the song.*
4. **Say:** Now let's jump because we're thankful that God is good!
5. *Play the Memory Verse Song again and encourage kids to jump up and down.*
6. **Ask:** Who is always good?

Activity Wrap-Up: God is good! Can you say that? "God is good!" We can remember this Bible verse to know the truth that God is good to everyone.

God Is Good

Become Activity

Supplies: Take-Home page, coloring supplies, printable page, dot markers (1 per kid), baby wipes

Prep: Print the printable page and Take-Home page (1 per kid).

Leader Tip: Use dot stickers instead of the dot markers to provide a mess free activity.

Instructions:

1. *Pass out a printable page to each kid.*
2. *Pass out a dot marker to kid each kid.*
3. **Say:** Today, we will decorate a heart, because God is good, and we know this because of His love for us.
4. *Show kids how to gently press their dot markers onto the dots on a heart.*
5. *Clean kids' hands with baby wipes.*
6. *Write the kid's name on their paper and set aside for parent pick up.*

Discussion Questions:

- Is God good?
- Does God love us?
- How does God help us?
- Can you trust God?

Pray Together: Dear God, thank You for Your love. Teach us more about how You are good. In Jesus' name, amen.

Activity Wrap-Up: Give each kid a Take-Home page. With the remaining time, kids can play in centers or color the Take-Home page.

Centers

Set up 3-4 centers around the room for kids to explore and learn as they play. While kids explore the centers, leaders can work with individuals or small groups to make the craft. Set up each center in a separate part of the room, making sure all kids are visible at all times. Show the whole group what is in each center and give simple instructions on what kids should do in each center.

- **Creation Station:** Place out heart-shaped cookie cutters and modeling dough. Lead kids to create hearts out of the modeling dough.
- **Sensory Bin:** Fill a bin with beans or rice and foam hearts. Provide mini scoops or cups for kids to use to find the hearts.
- **Spell it Out:** Write the word “good” several times on a piece of butcher paper. Place out foam letters, and encourage the kids to match them up to spell "good."

Bonus Bible Script

Preschoolers learn best through repetition. Use the script below to review the story at any opportunity. You could review the story while kids play in centers, while they work on their craft, during snack time, or while waiting for parents.

Say: Psalm 19 is a wisdom psalm. The Psalms guide us in how God wants us to live. David, the writer of this Psalm, shares how God can be seen through nature and His Word. God is the Creator of everything. He made the world and everything in it. When we see God’s creation, we can remember how good God is and praise Him. God is so good that He sent Jesus so we can be forgiven of our sins and live with our good God forever.

How do I know God is good? Through His love for us.